



Introduction to Volunteering

If you're interested in volunteering but don't know how to get started, our free workshop can guide you through the process. The workshop will cover:

- what it means to be a volunteer
- how to go about finding the most appropriate volunteering opportunity
- what to expect from the volunteer recruitment process.

The workshop is being run by Volunteer Centre Redbridge. At the end of the workshop learners will be given an option to book an individual advice session with the trainer to discuss in more detail their interest in volunteering.

Call us on 020 8550 2398 or visit us in reception to book your place.

Date

Thursday 15 March

Time

2:00pm-4:00pm



RedbridgeCVS