



FREE one-to-one support & advice on job hunting

We can help you:



- build your CV or update an existing CV
- search for a job - locally, regionally and nationally
- complete paper and online job applications
- prepare for interviews
- with further training and skills development advice.

Drop-in

Open to all

Any level

Employability HUB at Redbridge Institute

Every Monday

09.30am - 11.30am

Venue: Redbridge
Institute, Gants Hill

Tel: 020 8550 2398

Every Wednesday

09.30am - 11.30am

Venue: Mildmay

Tel: 020 8514 0569

First Thursday every month

09.30am - 11.30am

Venue: Hainault Forest
Community Association

Tel: 020 8550 2398

Employability Hubs are term time only

**National
Careers
Service**™

Every Monday

09.30am - 3.30pm

Venue: Redbridge Institute

National Careers Service advisers are available by appointment for in-depth careers advice.

Book in person at reception.

Free employability related training and qualifications



Other workshops and short courses available:

- Customer Service
- First Aid at Work
- Food Hygiene
- Manual Handling

Contact the team in one of the Employability Hubs for further information

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